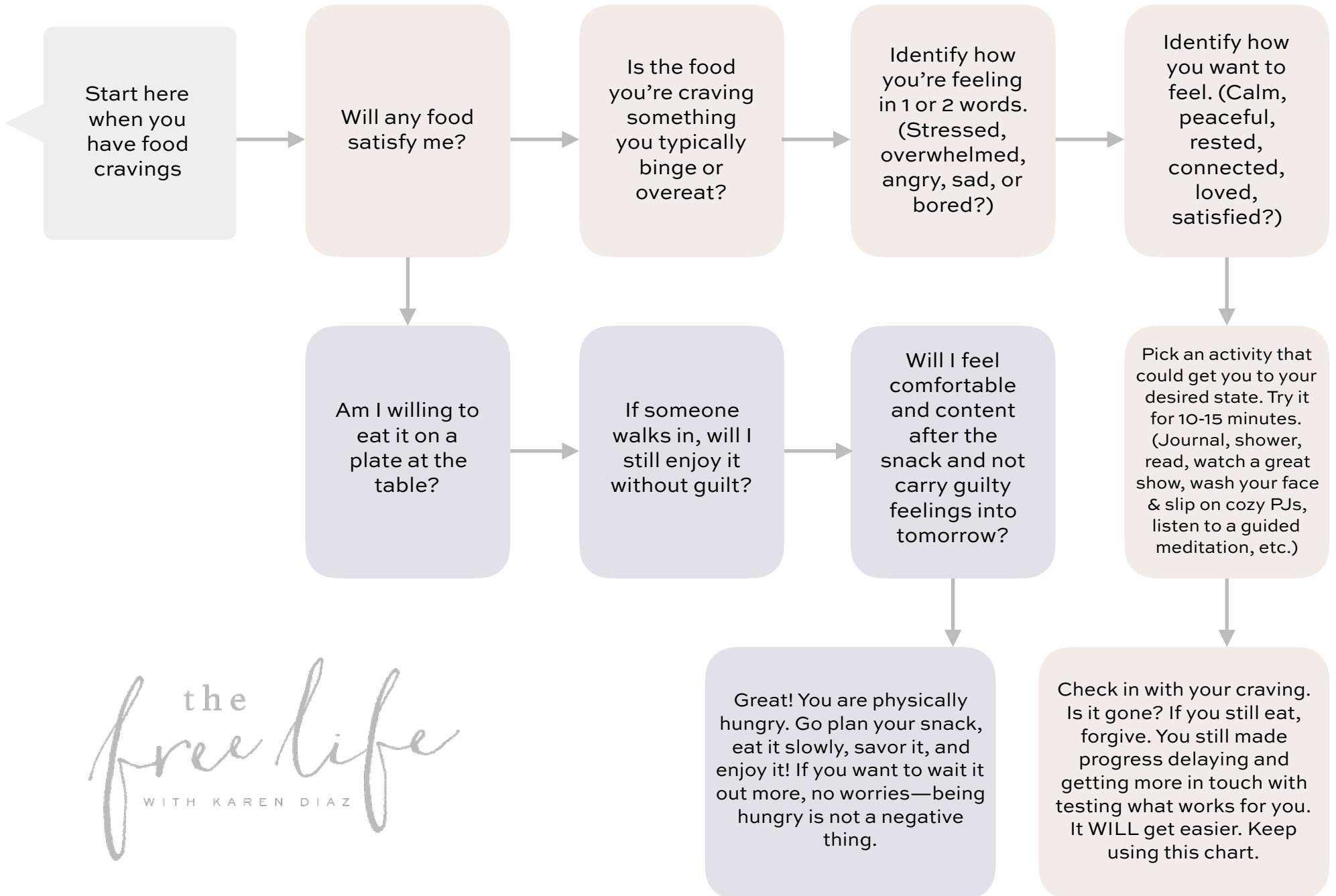


## OVERCOMING CRAVINGS IN ONE MINUTE



*the free life*  
WITH KAREN DIAZ